

Money Come Dance with Me

Heal and Transform Your Relationship with Money

(Internal Family Systems)

Zoom Online

November, 11th and 12th, 2022

Does money feel illusive? Do you wish it would just go away? Where you taught it was the root of all evil? Do you know you could be more and earn more, but you hold yourself back? Then this workshop is for you.

In this IFS inspired workshop you will find a safe, nurturing environment to address, heal and transform your relationship to money, opening the door to new paradigm of joyous wealth and well-being.

You will have the opportunity to:

- Address and heal ancestral and collective money trauma.
- Identify and unburden parts that hold money wounds.
- Create a new money story.
- Invite money to dance with you as guide and friend.



- 📅 November, 11th and 12th, 2022
- 🕒 5:30 pm to 9:30 pm CET
(Central European Time)
- € Regular Registration: 200 €
Early Bird before October 11th: 180 €.
- 📺 Live on Zoom
- 🗣️ English with consecutive translation
into Spanish
- @ institutoifsbarcelona@gmail.com
- 🌐 www.institutoifs.com
- 📺 The recording will be accessible during
one week after the workshop.





Gale West, MA, MFA.

Gale West, MA, MFA, is an internationally known workshop leader and mentor. Certified as a Money, Marketing and Soul coach and IFS practitioner, she brings over 30 years of IFS experience to her work, combining practical wisdom with heart-led intuition.

She is passionate about healing collective trauma by supporting people who are making a difference in the world to monetize their gifts and create lives that make their hearts sing. She has taught business and entrepreneurship in China and the States. Her IFS inspired book, **Money Come Dance With Me**, guides the reader on a powerful journey of transformation where money is a loving guide and friend.

Feedback:

"I have known Gale West for many years and know her knowledge and ability with IFS well. She has an acute intuition and her work feels quite guided—like her guides are involved in it. She asks important and out-of-the-box questions that help us examine and then change our relationship to the parts of us that have issues around money and other things. She has a lovely, accepting presence."

Richard Schwartz, PhD, Founder Internal Family Systems Therapy.

"I attended Gale's "Money" workshop in Hong Kong. My energy and attitudes around money have transformed - I feel relaxed and confident, I'm peacefully assertive with my clients about standing firm in my value, and my business revenue has grown substantially without me needing to push hard. I wanted to be friends with money. And now I am."

Kay Ross, consultant, Improv Artist.