

IFS for Psychedelic Assisted Psychotherapy

Online

May 15th and 16th 2021



You will learn:

- **How IFS works** with psychedelic medicine.
- **Why IFS is a perfect fit** for this work, both for the client and for the person who is sitting with them.
- **Use of more structured protocols** vs introducing psychedelic sessions in a more flexible and exploratory way.
- **Specific effects** of each substance in relation to aspects of the IFS model.
- **Preparatory sessions** and Post session integration.
- **Proportion of sessions** with psychedelics vs normal sessions.
- **Spiritual aspects.**
- **Contraindications.**



Early bird discount: 160 € until April, 16th
Regular fee: 180 € from April, 16th on



May 15th and 16th. 2021



Schedule: from 4pm to 8pm
Central European Time



English/ Spanish

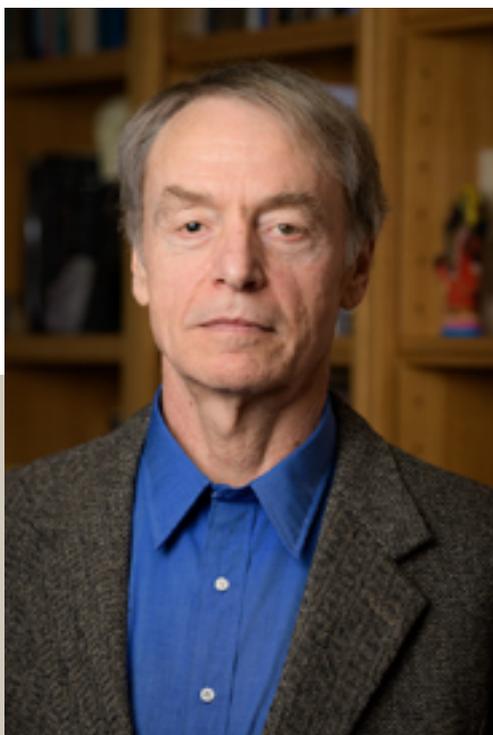


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ROBERT FALCONER

For the past decade or more Robert Falconer has devoted himself full-time to IFS work (Internal Family Systems Therapy). In that time he has attended all levels of IFS training offered, and has been a program assistant more than 18 times. Bob has been at many workshops and events with Richard Schwartz both as assistant and participant. In addition to studying with

many of the other senior IFS trainers, he also co-authored a book with Richard Schwartz entitled, **Many Minds, One Self**.

Bob has been involved in this psychedelic work since the 1960's and finds that IFS is a perfect fit for this powerful and effective form of therapy.

Psychedelic assisted psychotherapy is taking off in the US. MAPS (Multidisciplinary Association for Psychedelic Studies) has been studying the use of MDMA with PTSD with very hopeful outcomes. The US Department of Defense's Veterans department is very interested and supportive of this research, and there are now stage 3 trials; the final stage before general use is approved.

Psilocybin is being used to treat end of life anxiety in terminal patients with great results. Ketamine, which is already legal because it is used in anesthesia, is being used in the treatment of major depression and suicidality in clinics in most states in the US.

There is a big and growing interest of using psychedelics to assist people with psychotherapeutic healing.

IFS is the perfect modality to help in this work. It is non-pathologizing, it trusts that the client's Self is the real healer.

"I have known Bob about 10 years and during that time I don't know of anyone else who has been to more of my workshops as a participant or assistant, or has done more work on him or herself. As a result, he knows IFS intimately and deeply and is a strong teacher. Also, the book we co-wrote, Many Minds, One Self, wouldn't exist without his dedication to exploring everything related to IFS".

Richard Schwartz PhD - Creator of IFS.