

**THE FUNCTION OF SHAMING**  
SPAIN SHAME WORKSHOP HANDOUT  
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**The function of shaming for the recipient:**

- There is none
  - Externally, managers direct shaming at other people
  - Internally, managers direct shaming at exiles and firefighters
  - Being shamed has no function for recipients

It's just a bad experience, which harms the recipient if they believe it.

**The function of shaming for the shamer:**

Externally (this shamer may be a proactive manager or a reactive firefighter):

1. To feel bigger, more significant, and more powerful in comparison to someone who feels smaller, more insignificant, and weaker.
2. To control and dominate.
3. To profit.

Internally (this shamer is a proactive manager):

1. To improve or banish the exile and protect the individual's familial/social connections.
2. To control firefighter parts.

How else might shaming serve the shamer?