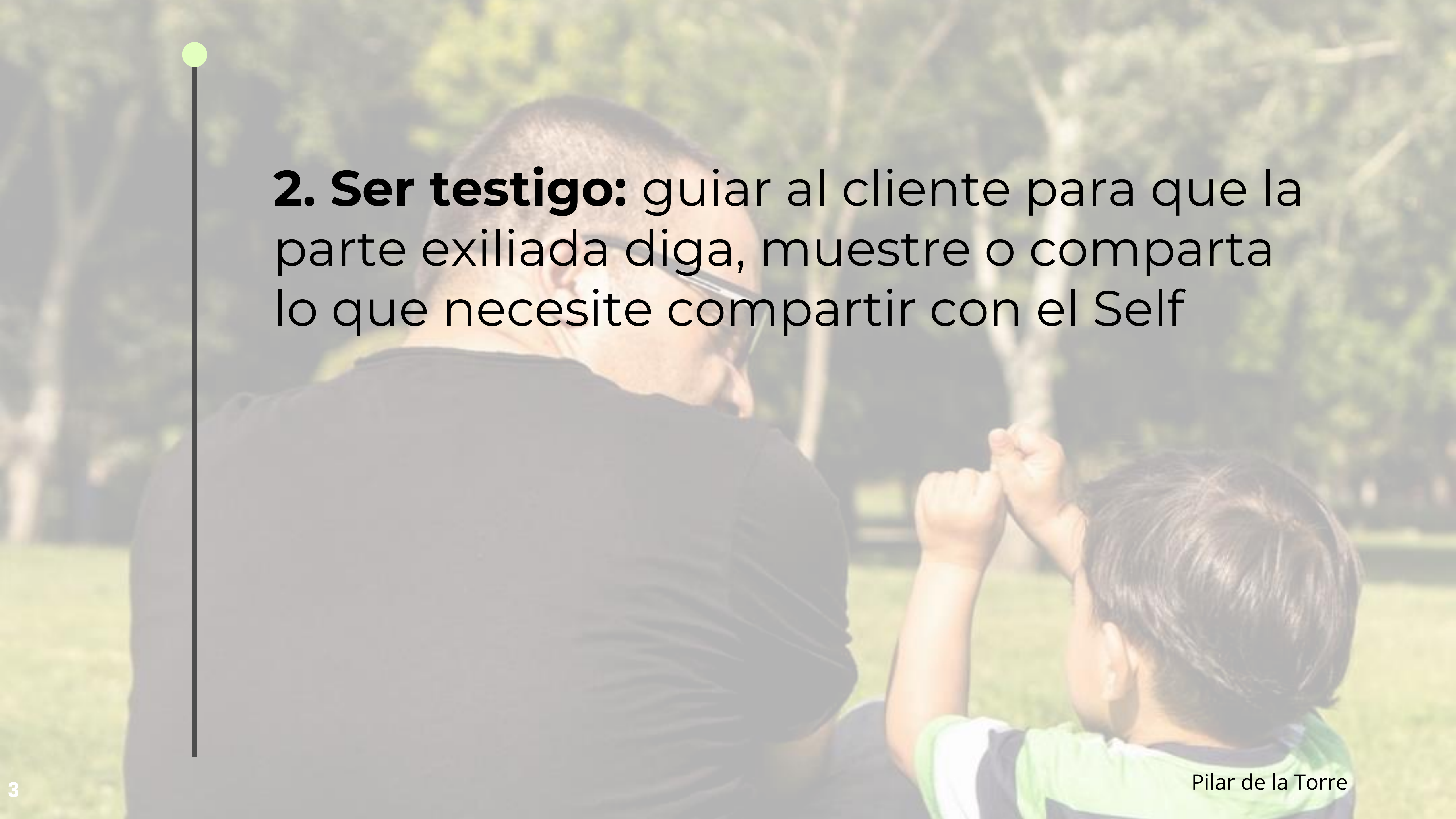


A glass sphere sits on a calm body of water, reflecting the light. Inside the sphere, a sunset scene is visible, with a bright sun low on the horizon and its light reflecting on the water. The background shows a blurred sunset over a body of water with waves in the distance.

PASOS DE SANACIÓN



1. Crea confianza y profundiza/intensifica la conexión entre el Self del cliente y la parte

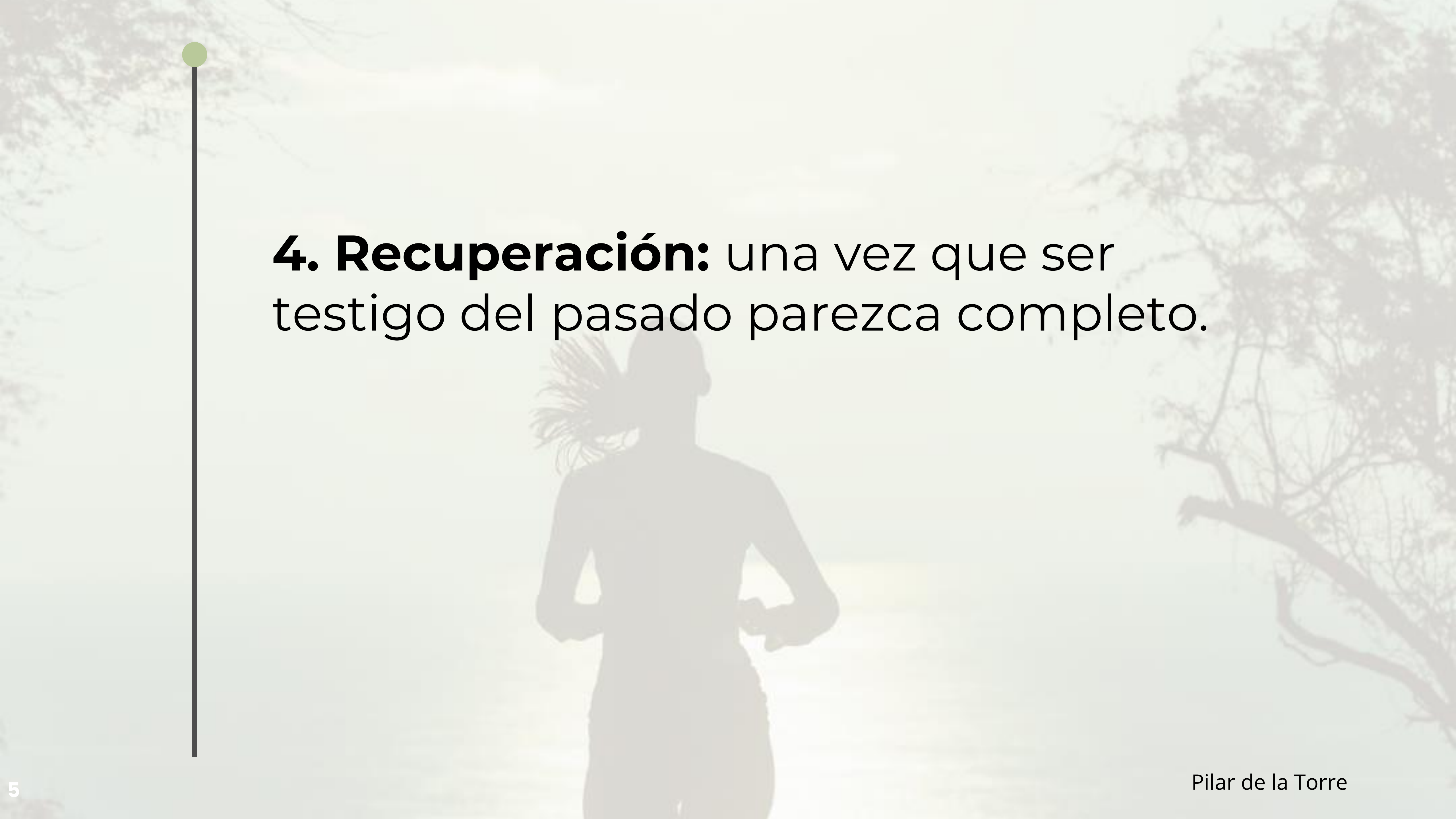
A photograph of a man and a young child in a park. The man, wearing glasses and a dark shirt, is seen from the side, looking towards the child. The child, wearing a green and white shirt, has their hands raised towards the man. The background is a blurred green field with trees.

2. Ser testigo: guiar al cliente para que la parte exiliada diga, muestre o comparta lo que necesite compartir con el Self



3. Experiencia emocionalmente


correctiva: en escenas negativas del pasado el Self del cliente ofrece entrar en la escena para hacer lo que la parte necesitaba entonces que hiciera alguien.

A silhouette of a person with a feathered headdress running on a beach at sunset. The person is in the foreground, running towards the right. The background shows a bright sunset over the ocean with trees on the right side.

4. Recuperación: una vez que ser testigo del pasado parezca completo.

A woman with long brown hair is shown from the chest up, looking upwards with her arms raised. She is holding three balloons: a pink one labeled 'RECUERDOS', a light green one labeled 'CREENCIAS', and a yellow one labeled 'SENTIMIENTOS'. The balloons are floating upwards against a clear blue sky with some light clouds. The woman is wearing a patterned top. The overall mood is one of release and freedom.

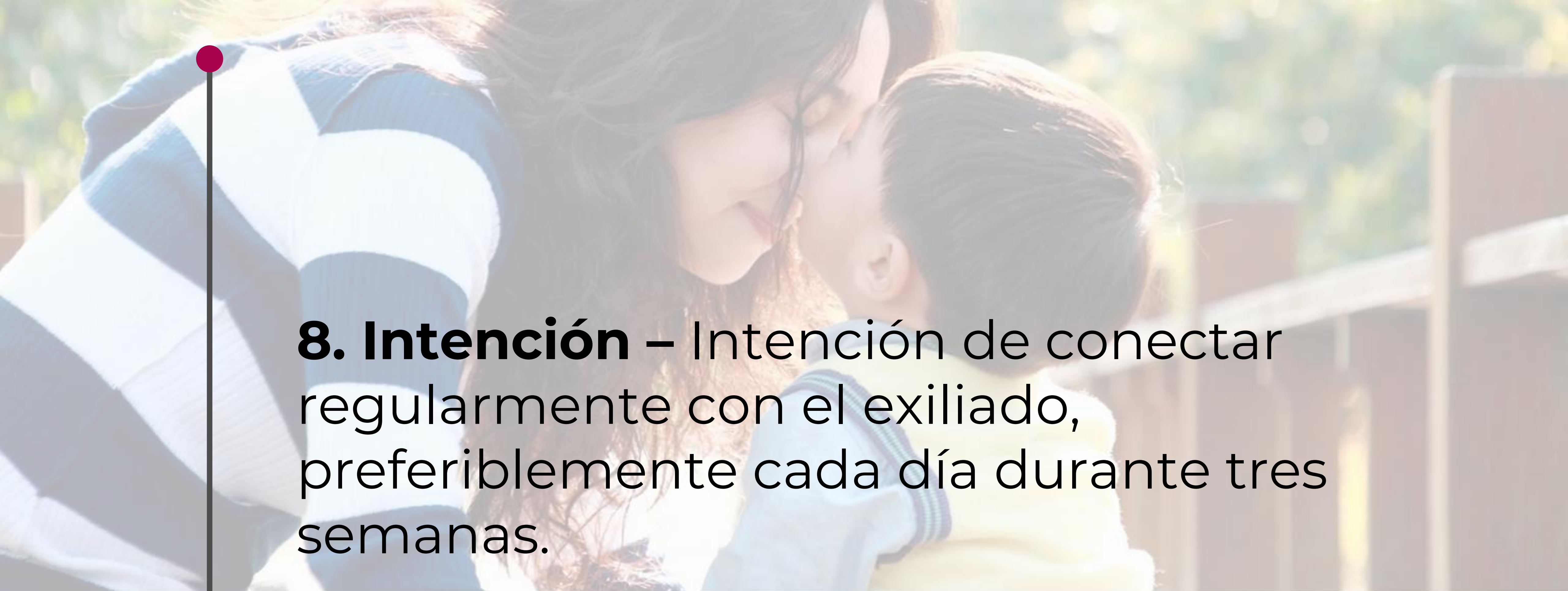
5. Descarga – Liberación de cargas



6. Invitación – este es el proceso para ayudar al exiliado a reconectarse con su “estado naturalmente valioso”



7. Integración – Integración sistémica de la descarga



8. Intención – Intención de conectar regularmente con el exiliado, preferiblemente cada día durante tres semanas.

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	01	02	03	04	05	06	07	08	09	10	11	12	13 Pilar de la Torre



9. Apreciación

thank
you